

De Universele Methode:

Back to your core.

1

De Aarde



Come back to yourself ..

The Colors of Connection

And from there rebuild yourself ..

From your own empowerment!

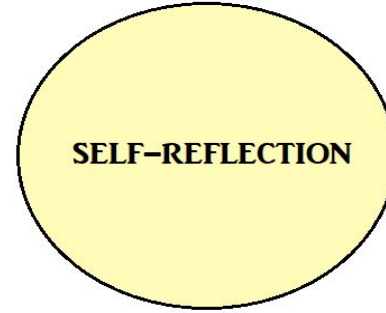
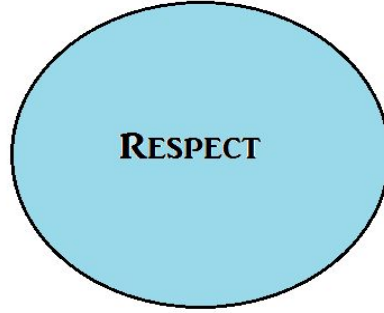
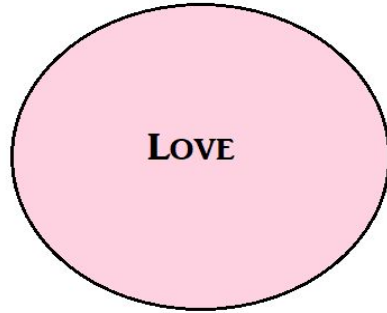
Index:

- 02: Self-reflection and introductory preface.
- 03: One Pure core in all beliefs and ways of life up to pure democracy.
- 03.1: The most important ingredients in developing healthy self-reflection.
- 04: Pure core hidden in pure democracy.
- 05: Together we are 1 in the core.
- 06: Together we are 1 in the core and 99.98% equal.
- 07: The DNA in every core of the billions of cells in your body is the same. (scientific proof)
- 07.1: Transcending financial society over social society cause fission.
- 08: The chemical clock.
- 09: No more time for your own existence, let alone soul experience.
- 10: Reduce and heal the hardened society.
- 11: Introduction method Back to your core.
- 12: Pursuit of The colors of connection.
- 13: Rainbow Heart, Everything in it in unrelenting connection.
- 14: Rainbow Heart card explanation.
- 15: Rainbow Heart Awareness.
- 16: Three layers of heart.
- 17: Three layers of heart explanation.
- 18: The Golden Center.
- 19: The Golden Center Explanation.
- 20: Influences and Factors The 2nd heart.
- 21: Influences and Factors The 2nd heart Explanation.
- 22: Your skin / bark / wall / your well-being heart.
- 23: Your skin / bark / wall / your well-being heart Explanation.
- 24: Divide influences and factors into items that you can or cannot do about.
- 25: Divide influences and factors into items that you can or cannot do about. Explanation.
- 26: Example core board, which you entered first. Stand still with who you are.
- 27: Example core board, which you entered first. Stand still, who you are Explanation.
- 28: Floor plate Strong properties.
- 29: Floor plate Strong properties Explanation.
- 30: Back to the rainbow heart the plate with which this method starts.
- 31: Final word.



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32: Step-by-step plan, links and contact.



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This is one of the most important qualities that you must develop as a person.

Just think for what you need all of this.

But for that you also need an example that teaches you that controls all these important qualities.

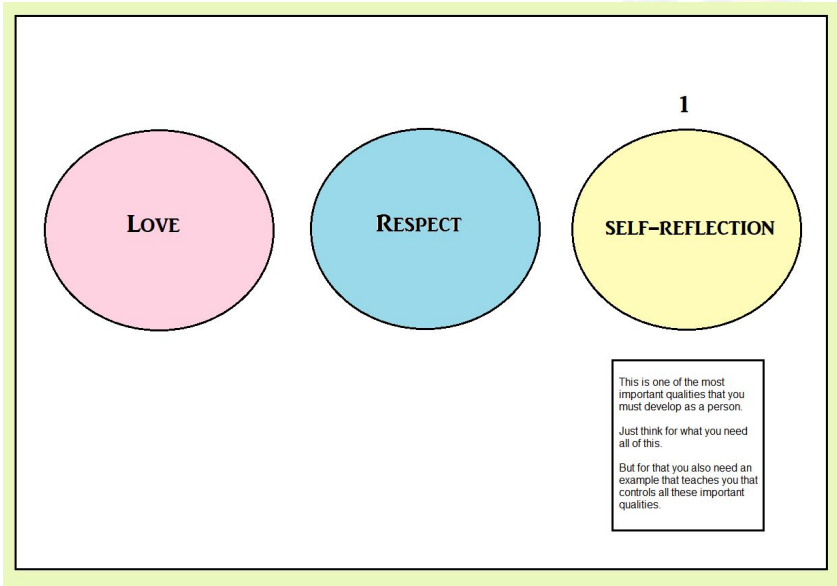
Preface: Back to your Core.

The Colors of connection, thereby release the key to connection, take advantage of it!

Today, Self-reflection is a Hot item,

Fortunately, because it is incredibly important!

It is even the most important means to be able to grow into a healthy person in a balanced way, and from that influence a healthy society.



To develop a healthy self-reflection, you need a basis in which a pure form of love and respect is present.

Usually your parents are the first designated people in this, who try to give you the best from their lifestyle and the situation where you grow up.

Obviously this is not, and take this worldwide.

And that is also the reason why people can fall back on a pure way of life / belief from the source, which are all essentially the same.

Even though the focus may not be on the same point.

They are the same because they originally have the same core values:

Love and from there Respect.

We all have One Pure core in all beliefs and ways of life up to pure democracy.

And you can formulate it in the concepts that at first glance seem different, but are equal in values, which you can still find in the hidden cores of all beliefs and ways of life up to pure democracy.

Regardless of whether or not one adheres to this nowadays, the point is that it is originally identical.

They are words and writings, ways of life ... with which an individual can independently be able to lead a life based on the pursuit of Purity, in which it is important that this Purity is preserved.

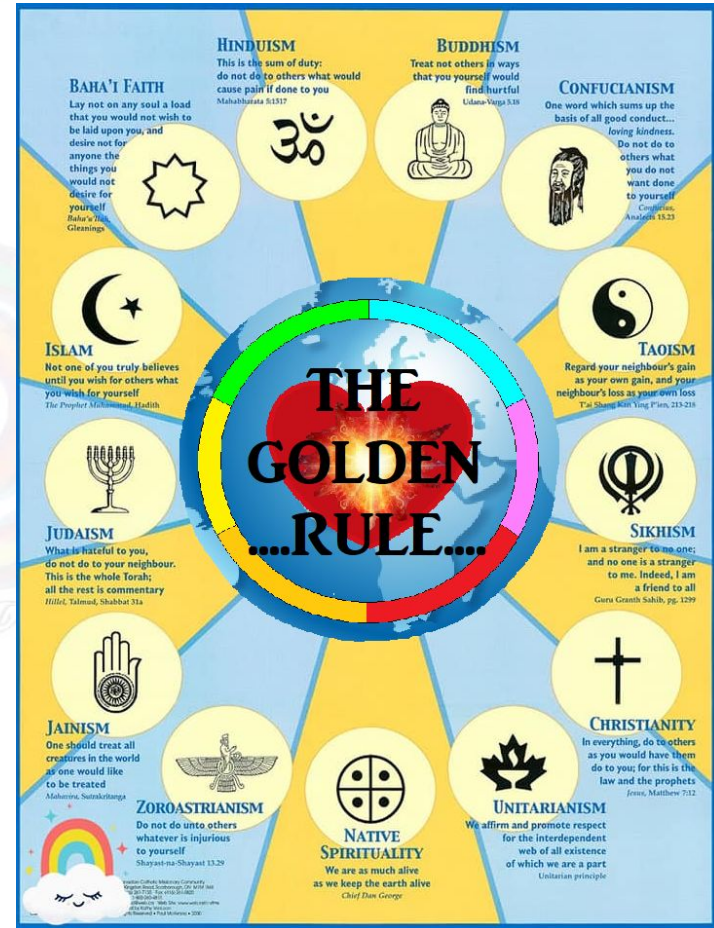
De Bron, The Universe of The Source, Or The Eternal,
The Great Spirit ,Allah, G-D or God?



The Greatspirit/The Cosmos/The Light/The Eternal/ The Enlightenment/
The Source/The Universe/The onest/ Allah.. /God etc..
Are all names from the One and the Same Power/Energy..
The Empowerment and connection/lightway
you can find it in your innerself, your soul and heart..
And in all nature and all creation..

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Heeft als streven de verharding in de maatschappij terug te dringen, en te verbinden daar waar we gelijk zijn..



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Together we are 1 in the core.

Let us say that here On this plate the best known ways of life and beliefs are situated on the earth.

Hinduism, Buddhism, Shamanism,

Judaism, Christianity and Islam up to pure democracy.

All these groups are, in essence, identical to each other, Namely;

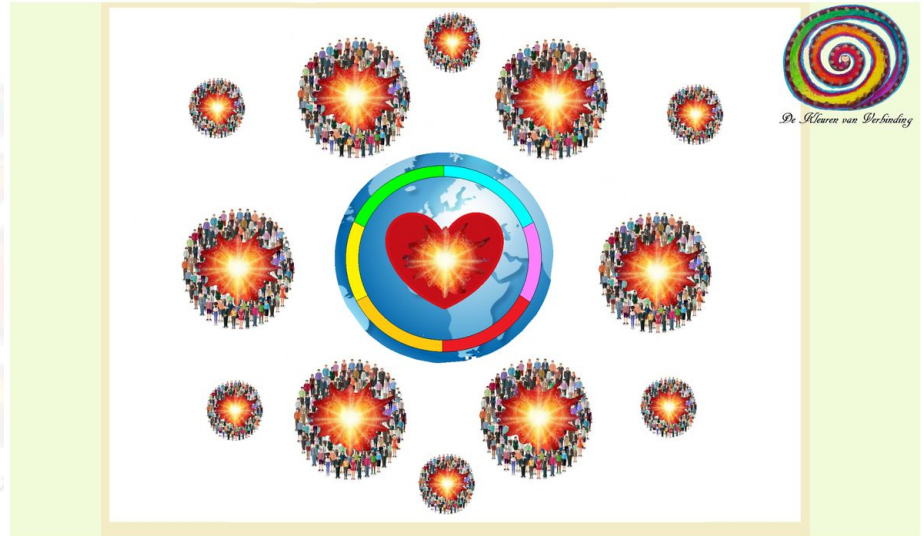
- The pure source, from which they get their power, energy and love, which is connected to the heart.
- The value and standards.

The groups that you see everywhere in between represent the;

- Not mentioned lifestyles,
- Or believe what's in between,
- Individuals who currently do not join a group and say they believe in themselves.

All carry the same power in their hearts ..

Unfortunately, these core properties have been lost a bit everywhere nowadays.



Sometimes simply because the pure essence is no longer clear,

Has become vague due to other influences ..

Or because of the busy stressful world you live in. And in which you have to do so much ..

So going back downgrading .. (picking up what has been added) is not very easy, although this may be the best way for the people who strictly adhere to the rules.

Especially if they do not want to deviate from their way of life, it is important that they at least really stick to it!

Because they will eventually end up with the same connecting points as people who stand next to each other regardless of belief or lifestyle, based on unity.

Both from the Rule and from the feeling The same core is addressed: ***Wish of love that for someone else what you want for yourself and do not judge. There is no coercion in any belief or way of life, need breaks law.***

Looking up the agreements again is much easier!

Due to the properties that are identical,

In respect for the differences, we can empower each other, just like the rainbow colors, side by side.

And create a rainbow of power ..

Together As One.

Reduce hardening in society together, fight loneliness,

Develop a healthier and more aware climate and spread peace to the world.

Together we are 1 in the core and 99.98% equal.

If you know that we are 99.9% scientifically match each other ..

The call for connection is greater than ever, People are looking for connection, but they just don't know how to connect anymore.

Because it requires that you know who you are at the core ..

Often in this hectic world full of stimuli, we finally pass ourselves by ..

Could this be the reason for the hardening of society?

For this reason, the colors of the connection have developed personal research material so that you can independently return to your own essence / core.

Going back to your core is an important topic at The Colors of Connection.

Because from your core power in your heart every person is able to heal themselves and also their environment.

The DNA in every core of the billions of cells in your body is equal.

The cell:

A cell consists of:

- Cell membrane,
- Protoplasm,
- Kern with core membrane,
- Nuclear plasma,
- Core bodies.

The Core Bodies:

Do the information contain the formation of a specific body part and gender,
Lots of genetic information, the chromosomes.

The Chromosomes:

Hereditary factors determine how you look and sometimes which diseases you can get.
There are chromosomes in the CORE of the fertilized egg, these are " Heredity carriers ".
A fertilized egg contains 23 pairs of chromosomes,
23 chromosomes from the sperm of the man and 23 from the egg of the woman, together 46 loose chromosomes, with hereditary data.



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Come back to yourself..

And from there rebuild yourself ..

DNA (Deoxyibo-nucleïn Acid)

Is the substance that makes up a chromosome.

After the cell division of the fertilized Egg, the chromosome pattern remains
The DNA in All billions of cells in the body split off
and also in Dead cells.

Identification of deceased persons is therefore also possible.

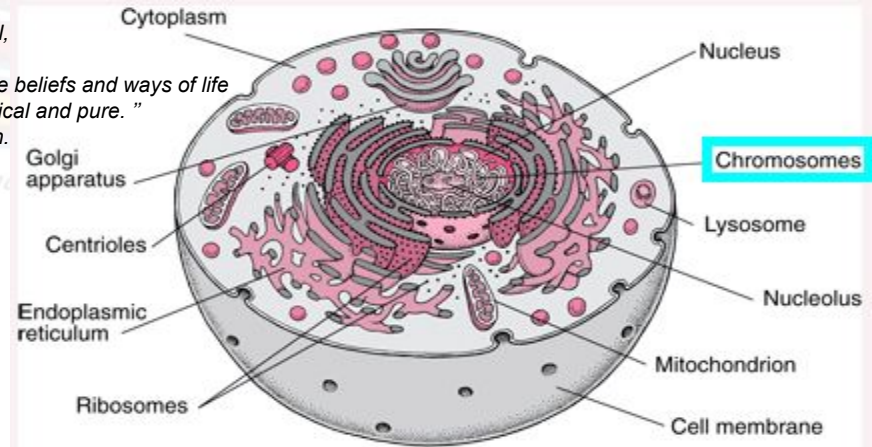
And there are also DNA research;

- family kinship surveys possible,
- tracing hereditary diseases, which you can treat so early,
to investigate the burden of proof in crimes.

This is general scientific knowledge.

*"" When you view the cell,
you can compare this
with the earth but also the beliefs and ways of life
in which the core is identical and pure. ""
-The colors of connection.*

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From your own empowerment!

**Transcendence of financial society over social society
cause fission.**

It is obvious that society created and based on **money (money is also a creation, which even the current clock revolves around)** has made a fission here.

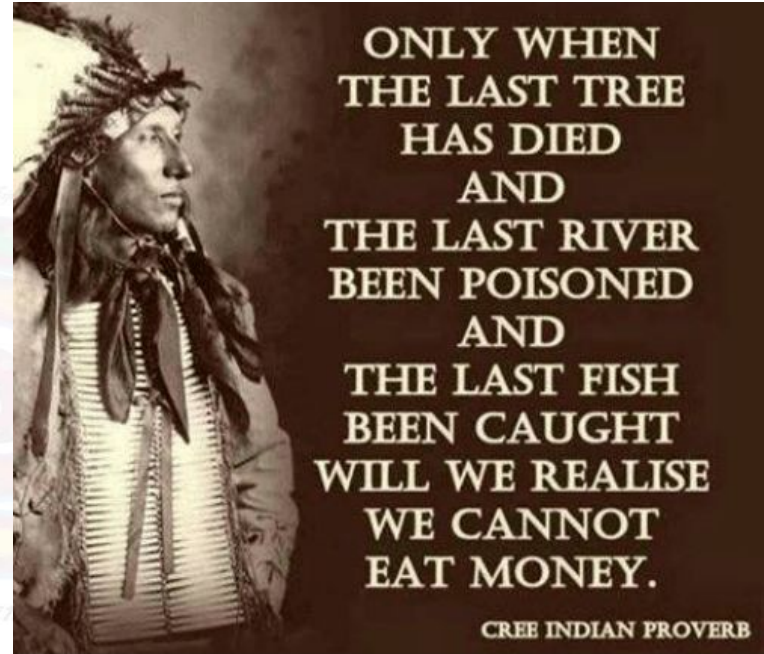
And it is clear that this apparently unclear cleavage has occurred EVERYWHERE in every religion or way of life up to pure democracy. Namely earning money to surrender your soul / self-awareness.

And this is the reason that people have moved far away from the possibility of building a healthy self-reflection.

Even though this method is meant to bring people back to their core, from there to be able to make your own best choice, from self-awareness, it is important to know how this fission came about.

The cause is that the financial society has risen above social society. Money has become more important than one's own (clean) conscience / self-awareness.

By earning money over the back of other people, and this behavior, which is adorned as healthy prosperity, consisting of material luxury, is unconsciously taken over by generations that have been charged with Overtime for decades, and too little time for the soul experience.



Because this society forces people to work too hard.

In proportion to the time needed to recover, The time to come to yourself, To your Soul experience, regardless of how you enter it.

The money you earn should therefore not be seen as a means of exchange for what you actually hand in.

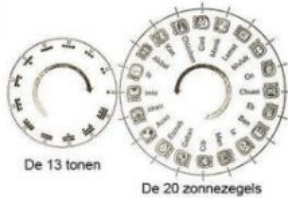


The implanted chemical time / money clock.

Everything needs to be seen. To be felt .. To be fed .. With the right Love and Respect and Care.
To be asked to be understood.

When you are born your focus is on all your multifunctionality ..

You are then repressed in a time set where time flies by and where you live under the great workload of money with, by default, insufficient time for yourself. you hand in your focus of your multifunctionality, these are repressed and disappear, as it were, already in kindergarten behind " single " optimally functioning focus points.



For optimum functionality, those Focusounts actually need the transit of all these focal points.

Without good throughput this first results in invisible stress blockades, and then later in visible stress blockades.



Result: Chaos.

Nowadays you have a whole host of labels at your disposal, You are the product!

This can happen to any person as long as we do not become aware of this cleavage with your own core because you work far too hard and have no time for the time needed to come to yourself. Until your Soul experience / Self-awareness regardless of how you enter it.

The money that you earn should therefore not be seen as a means of exchange for what you actually hand in.



No more time for your own existence.

For too little money, and even less real time. Individuals no longer have time for their own existence. There is no Own time, let alone time for a soul experience.

When one wakes up, people realize that they have lived in a haze.

And the second shock is that they often cannot fall back on their community, which has often become individualized .. and are unconsciously far from striving for purity ..

A simple test suffices: that they themselves do not pursue what they believe: that which connects everyone from the core values, where every community builds up and that are the core characteristics, when these are not in tact, and are no longer pursued, then you know what you see only for the form is without true content.

It is very important that people adhere to what they say they live by.

So you say that you want to follow the rules, make sure that you actually do this, and do not continue with red and stop with green. Groups of people who comply with certain regulations based on their own soul experience should be able to protect this themselves properly. And organize this protection in committees that can also consult together. Being able to create good cooperation with all other committees and from here, also with the government.

The Rules never bite the people who live by feeling. and not the other way around. Because both from the Rule and from the feeling The same core is addressed: **Desire from love that for someone else what you want for yourself and DO NOT judge. There is no compulsion in faith, need breaks law.**

People have been crossing their borders for decades,

In the healthcare world alone, both clients and employees are victims of this, and go straight through to students, who are burdened with an extremely large overload as early as possible, far too much work in which they have to conform, all in a nice jacket that they do what they like, children just sleep on the train and the bus a structural sleep deprivation which is already built up and found normal.

A sleep deprivation, we are not even talking about a soul experience!

Being able to do what you feel comfortable with as a person, with which you have passion, so that you recharge yourself ... what you need to be there for yourself, and from there for the other: society.

It is therefore time to shake hands with each other and to reactivate, honor and celebrate these core values,

differ just like the colors of the rainbow ..

side by side together 1! an empowerment of power in connection.

Reduce hardening in society.

By means of " Back to your core " the colors of connection want to contribute to this. It is intended to provide insight and to reduce hardening in society.

In personal and social issues.

Understanding creates the ability to deal with it.

Space for compassion, from compassion you can forgive, learn to live with your life lessons as stepping stones. step by step grow towards your goal .. who you want to become from your soul life.

From there it can ALWAYS be healed what may be healed .. the way inwards cleared of obstacles .. from which the flowing connection between you and the source may be made again ..

From where you can receive, create what lies in your empowerment ..

for yourself, and from there for the other with whom you take society into a new connected era!



We Are Connected With Eachother..
We All are from and have
as Goal: Something Bigger..
Learn to see through the rules..
To understand the main message..
.. of each lives Faith..

*Love and compassion, Trust, A Good communication,
Try To understand each person,
Soul and Character,
And act accordingly,
Wish others, what you wish for yourself..*

Just build bridges between Religion and Lifestyles..
It will help each other, our country and world..

For Sure its Possible! Lets Start.. Today!

Continue to the method introduction.

The " way / method " is primarily intended for people who can handle it independently.

You can determine this for yourself.

It is advisable to try it that way, otherwise it is possible to approach the coaches on this website. These are independent coaches who have understood the method and can guide you in this in addition to or in combination with their own specialty.

In any case, it is important that you read the method carefully and that you take the time to actually do this.

It is a gift for yourself, in the form of getting to know yourself, learning from there who you are, how you heal yourself from your core strength, and how you will achieve your goals in your life.

NSo take the time to do this carefully.

It is your process, you can go back to childhood, and then go through the method for each issue. help from a close neighbor who can help you to fill in your core characteristics that you are not aware of can be very effective.

As soon as you have completed the sheet with your core properties: reactivated, hang it in a place where you can see it frequently and where you stop to think about it daily, until you have fully embraced it.

First I place the possibility to receive,
from the Universal " Back to your core " method.

Furthermore, there are the same method for each belief or way of life in their own key concepts.

Good luck!

"The colors of connection" ..

Has the ambition to reduce hardness in society.

So that each person can make his own best choice from Self-Awareness ..

To connect where we are equal ..

With the differences as enrichment ..

like any color of the rainbow side by side

One empowerment ..

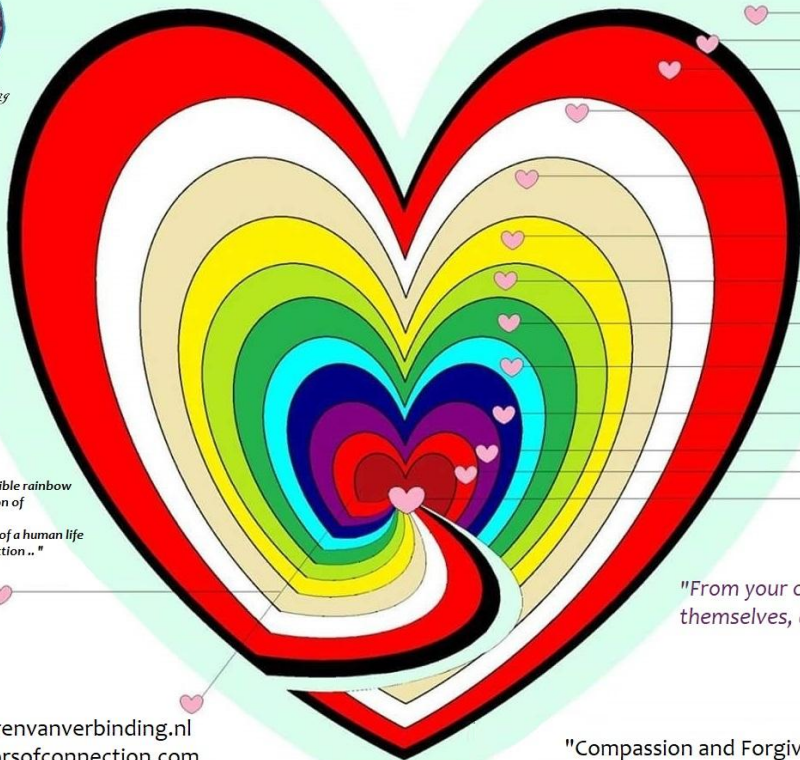
Together we are 1!



The Colors of Connection



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"The visible and invisible rainbow colors reflect the union of everything there is, Of influence and part of a human life in unrelenting connection.."

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- ♡ The Universe, Source,G'D,The Great Spirit, Allah, The Onest, Light, Eternal.
- ♣ Dark matter, black holes, darkness ,the coldness
- ♥ Compassion of life, heat, fire
- ♡ Light matter, Dimensions, Enlightenment ,Gas
- ♡ Sun ,Daylight (source of life)
- ♡ Angels / Energy (from the light of the Source)
- ♡ The Earth (power source of life on earth)
- ♡ Trees and plants (circulating required oxygen)
- ♡ Water (source of life)
- ♡ Moon, Night, Universe (healal)
- ♡ Aminals (consciously)
- ♥ Spirits (invisible Body and Soul)(self-awareness and conscience)
- ♥ Uman Being (Body and Soul) (self-awareness and conscience)

"From your core strength in your heart, every person is able to heal themselves, and from there also help their environment in this process."

"Compassion and Forgiveness, Learning, Growing, Living through and Passing On.."

The visible and invisible rainbow colors reflect the union of everything there is. Of influence and part of a human life in unrelenting commitment.

Plate 1; Rainbow heart, influences and factors.

Actually without you having any influence on it, the presence of all of this as soon as you are born affects you as a person.

If you stop to think about it, and if you would try to imagine what those influences are, how many there are, and where you certainly (if you are still small) do not realize that you have an influence on that. Then you can also realize that you cannot always do something about everything, which means that you can develop compassion. From compassion comes understanding, and from the understanding that someone, or yourself, cannot do anything about it, forgiveness arises.

You need forgiveness and compassion so that you can continue to accept how it is that you have patience with it.

So Acceptance allows you to forgive yourself after going through a life lesson (a mistake or call it how you want it) and this is the best way to move on to the learning process faster:

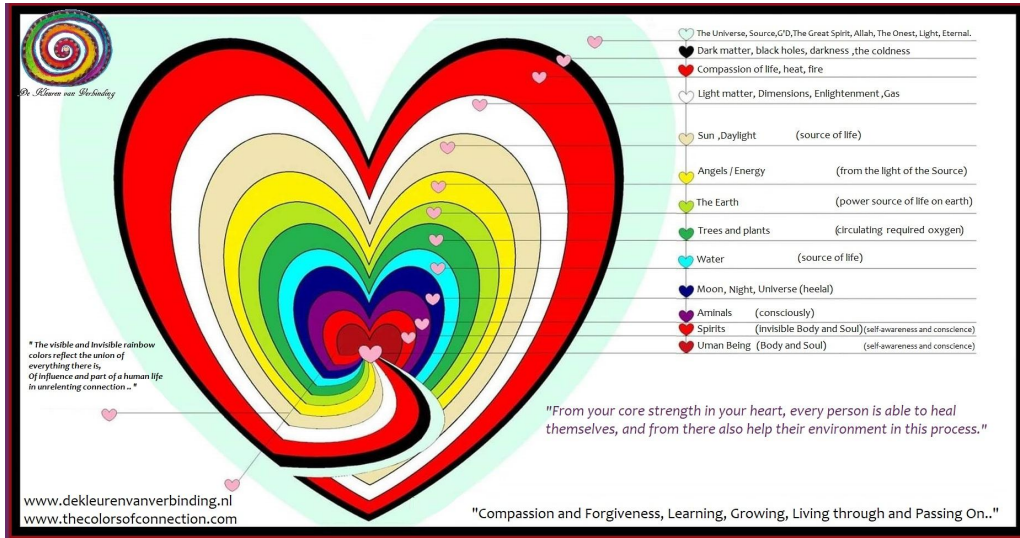
What happened, how can I try to change / optimize this, making sure that it may not happen next time.

This album should above all contribute to the realization that people can get in the way of themselves by blaming themselves for everything, while you have to deal with so many influences on a daily basis.

And then I am not even talking about society or the prosperity and social environment in which you do or do not grow up .. in which it is not unlikely that your own core will be buried under everything that you do or do not have to.

So 1 be kind to yourself, try to get the best out of yourself in a positive way, this promotes your growth and development, and that of another.

Avoid negativity.



"Compassion and Forgiveness, Learning, Growth, Living Through and Passing On"..

*If you can do this for yourself based on the overview of this album ..
I want to ask you to think about it,
That this applies to you but also to me and everyone.
We are all part of the cycle of life.
Now we can go one step further,
where we start again by becoming aware of your own core.*

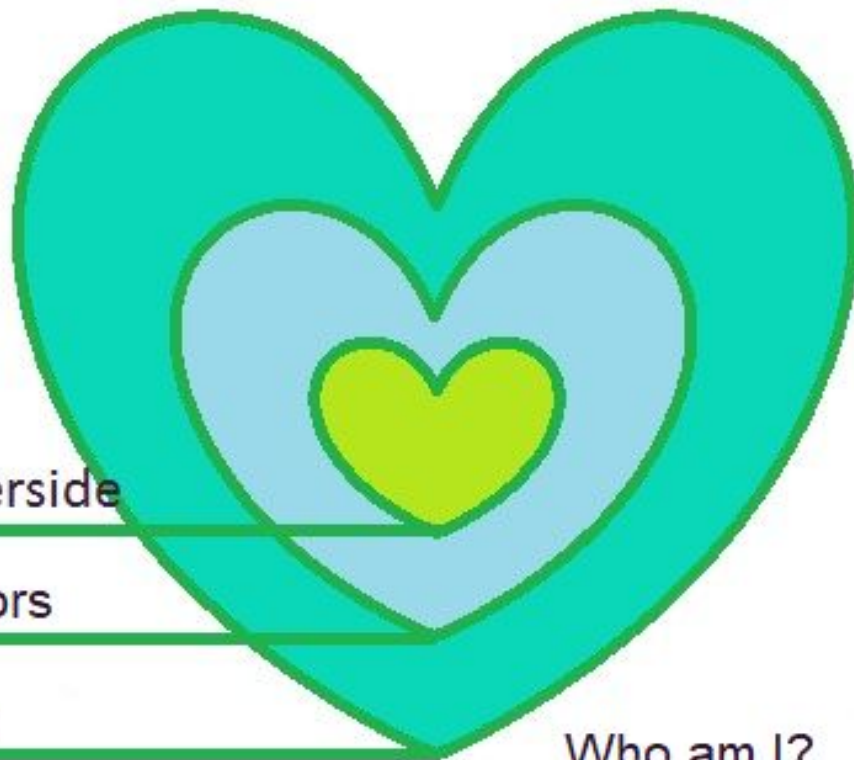


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Soul / Being/Innerside

Influences / Factors

Peel / Wall / Bark



Who am I?

Plate 2; Three layers of heart:

Here you see a plate, with a heart divided into 3 layers.

Layer 1: Your Soul / Being / Innerside.

Layer 2: Influences and Factors.

Layer 3: your Peel / Wall / Bark.

We continue on the basis of this card to get an overview of who you really are.

An overview through which you can get insights, And where you will discover that you can heal yourself from your own core.

Take a good look at the 3-layer plate.

You can see the current state of your well-being here.

We will go through that step by step, starting with your core.

Then the influences and factors that play a role in how you have developed, and then arrive at your current state: Your skin / bark / wall, or your current well-being, with, among other things, the obstacles that you now encounter.





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Your soul, your being, your basic qualities.



Plate 3; The Golden Center:

We are going to focus on your inner core,
This is not just anything, but this is who you are, this is where
your strength, your energy, your connection to yourself and
everything lies.

This is also a voyage of discovery for people who cannot tell
this so 1 2 3,

A special trip and that includes a number of questions;
What are for you, your most important qualities that you
pursue, or would like to pursue?

When you were little around the age of 5 if you can remember
that and then your youngest age that you can remember
yourself: what were your qualities that made you special?

If this is difficult you can try to look at yourself when you were
little as if you were looking at your " own " child as an adult.
On the basis of photos, things, or maybe people you used to
know.

What were your hobbies when you were a kid? what did you
like to do?
Did you like nature? did you like music? to dance? what were
your passions?



Your soul, your being, your basic qualities.





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Influences and factors that make you how you have now become.

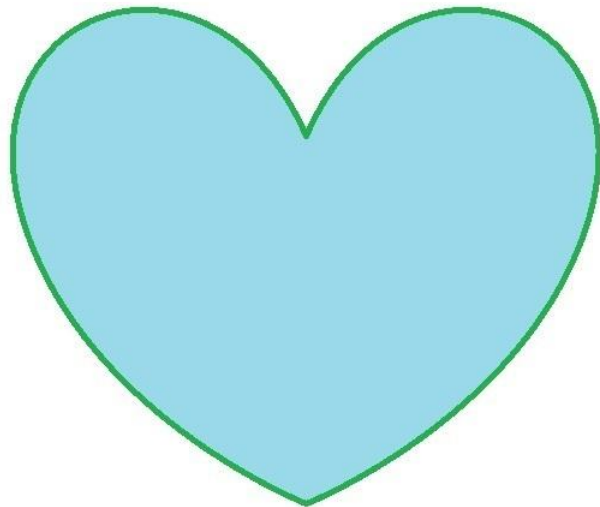


Plate 4: Influences and factors that make up how you are formed.

Here you see the second layer of the heart;

The Influences and factors that influence how you have formed so far.

We will reflect on your current situation and how you were since you were a child,

Think of: the society or the prosperity and social environment in which you may or may not have grown up, your situation at home, at school and you name it.

We will do this based on some questions:

Again a special journey; where we go walking through your life together and where we go through obstacles together and look out over the high points of the mountains and the deep valleys.

We already know from the previous album how you were as a child, what was important to you, your strong qualities that we have shown from that,

Here we will go through the same phases through those phases that have been mentioned above:
around 3, 6, 9 and 11, etc.

you can safely take this a number of times.

we write down all matters that have to do with the home situation, what is the situation now? and what was the situation when you were a kid?

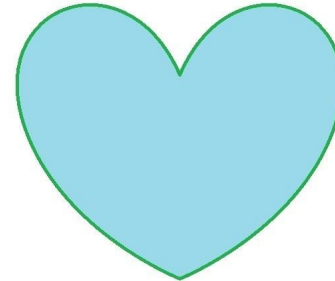
Things that have happened, at school, with friends, all kinds of things that have impressed you as a child.

And we go through this 3rd layer until now, with the aim of getting an overview of which influences and factors play and have played in your life.

We write down both the negative things and the positive things, and here we also pay attention to the feelings that both things evoked. (negative things that are written down on the other sheet can be processed here)



Influences and factors that make up how you have now become.





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Your peel / bark / Wall / your well-being.

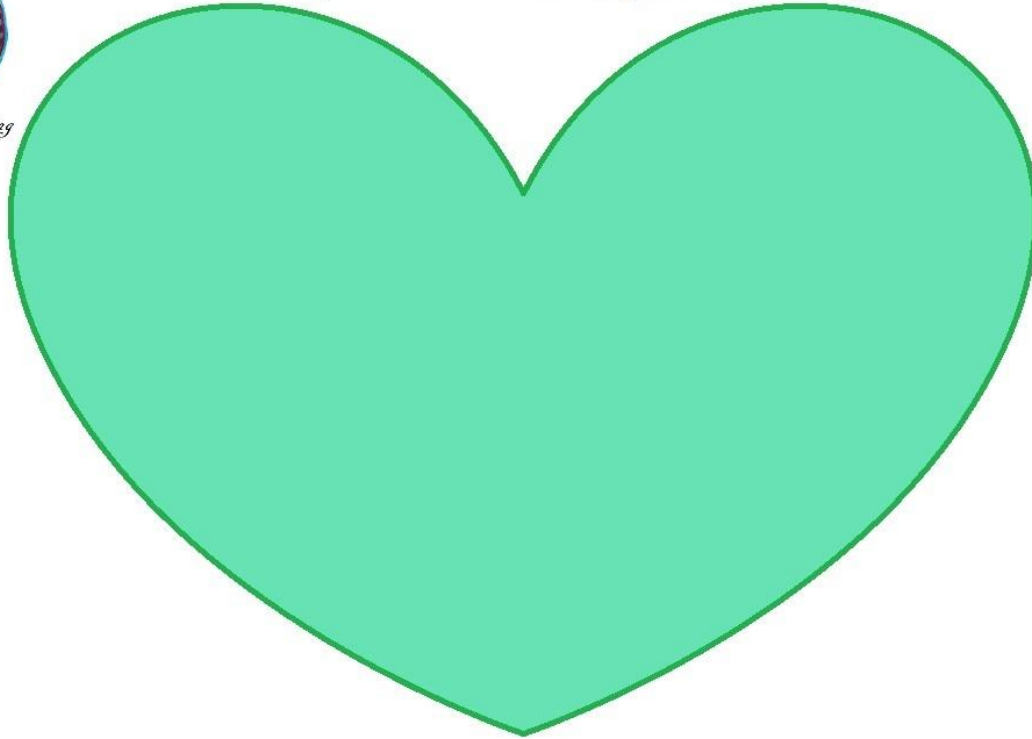


Plate 5: Your skin / bark / wall / your well-being.

At This card we will write how you feel today.

These weeks, past months or year, we are going to write down how you actually feel.

And we reflect on what feelings and factors still influence your life today, and what you notice.

Both the negative feelings and the positive feelings,

And when do these feelings play out?

How often do you think about it?

And what impact does that have on your life now?

In your actions?

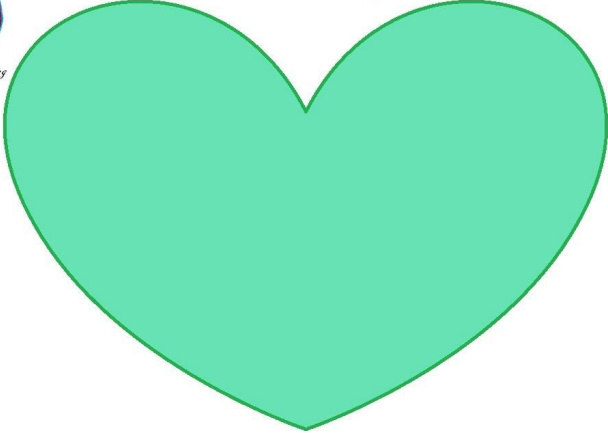
In your work, school, relationships, and the way you go through life?

How much of this do you blame yourself for?


What things do you want differently?

are there any things that make you feel bad?

We write this down in the 3rd Green plate..



Your peel / bark / Wall / your well-being.

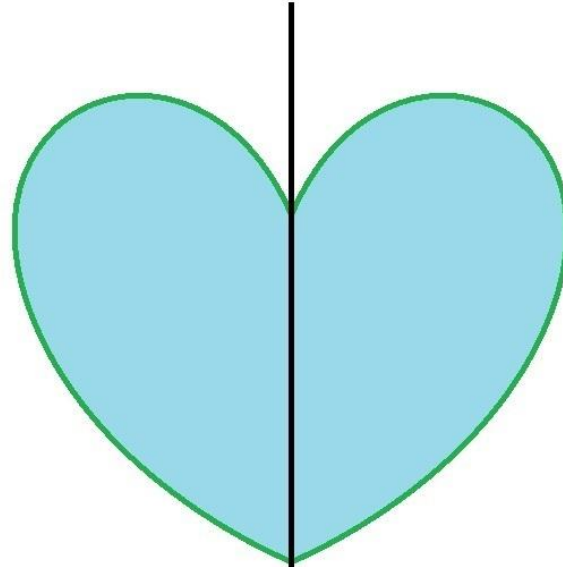


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Influences and factors that make you how you have now become.



Issues that you can influence

Things you can't do anything about

Plate 6: divide influences and factors into items that you can or cannot do about, and which you may or may not think you can accept.

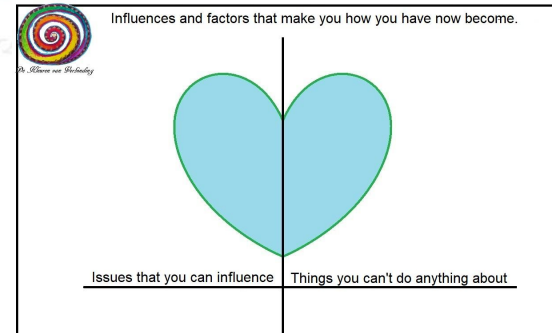
We are going to divide everything, you can put together the things that fit together, so if something is now, but also occurred in childhood, both positive and negative: then you add that.

Example 1: " I have never had a lot of money, sometimes just enough to eat, and as a result I have not been able to pay for a study, which means that I still do not earn a lot of money ", which means I cannot pay for a study yet . You can find this situation at: Things you can't do anything about. Of course if in such a case you happen to know something that makes it possible for someone to do a study for free, you can discuss this, in this first example, that option is not there.

Example 2: "I have never had a lot of money, sometimes just enough to eat, and because of this I have not been able to pay for a study, which means that I still do not earn a lot of money, but there is now a possibility that I can (a reason that can be overcome) have not yet been addressed " You can get half of this situation at: Things you could not do anything about. and you can put the other half at: Things you can influence.

Example 3: " I have never had a lot of money, sometimes just enough to eat, and as a result I have not been able to pay for a study, which means that I still do not earn a lot of money ", which means I cannot pay for a study yet . But I just heard from you about the possibility and offer of a free study that you want to take into consideration " You can take this situation at: Things you can't do anything about.

This is about getting an overview and insight into matters where you may or may not think you can do something there. This is done at their own discretion and based on what they themselves say. And a study is just a small example, there are of course always more personal things to think of that are bothering someone.





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Your Soul, your Being, Your Basic Properties.

Love of animals

Strong

Cheerful

Name: _____



Independent

Sweet

respectful

Honest

do not like negativity

Strong sense of justice Responsible

Wow! What a wonderful person you are!

Back to plate 1.

We now go back to the album: The golden Center, which, if all goes well, has been hanging somewhere in the house for a while and that you think about every day, We are going to look at whether the beautiful core properties that have been written down there can be strong enough to better deal with the influences and factors that have now been written down in overview.

You start to see if you can solve / empower the things that you can do something about.

Then you start from the healing that you have given yourself, and the power that you have acquired through this,

To see if you can deal with the things that you cannot do anything about,

Can we handle this better now that we know how strong we are?

If necessary, write down what it takes to be and remain even better aware of who you are.

You could also look for elements per property for yourself, which you place somewhere in your house.

And / Or wear jewelry with, for example, precious stones or charms, which will remind you of that.



De Kleuren van Verbinding

Your Soul, your Being, Your Basic Properties.

Love of animals

Strong

Cheerful

Name: _____



golden
centre

Sweet

Independent

respectful

Honest

do not like negativity

Strong sense of justice Responsible

Wow! What a wonderful person you are!



De Kleuren van Verbinding



Wie ben ik?

Floor cards: Your strengths are often also your points of interest.

You can go even further to your dark and light qualities on the floor.

Your strengths are often also your points of interest ..

You can enter this for your own insight,

To get an overview of what you are dealing with.

Overview creates space to deal with it.

To understand and ask for it,

but also from here to understand others from the insight that you have for your own powerful qualities that sometimes your pitfalls are unintended!

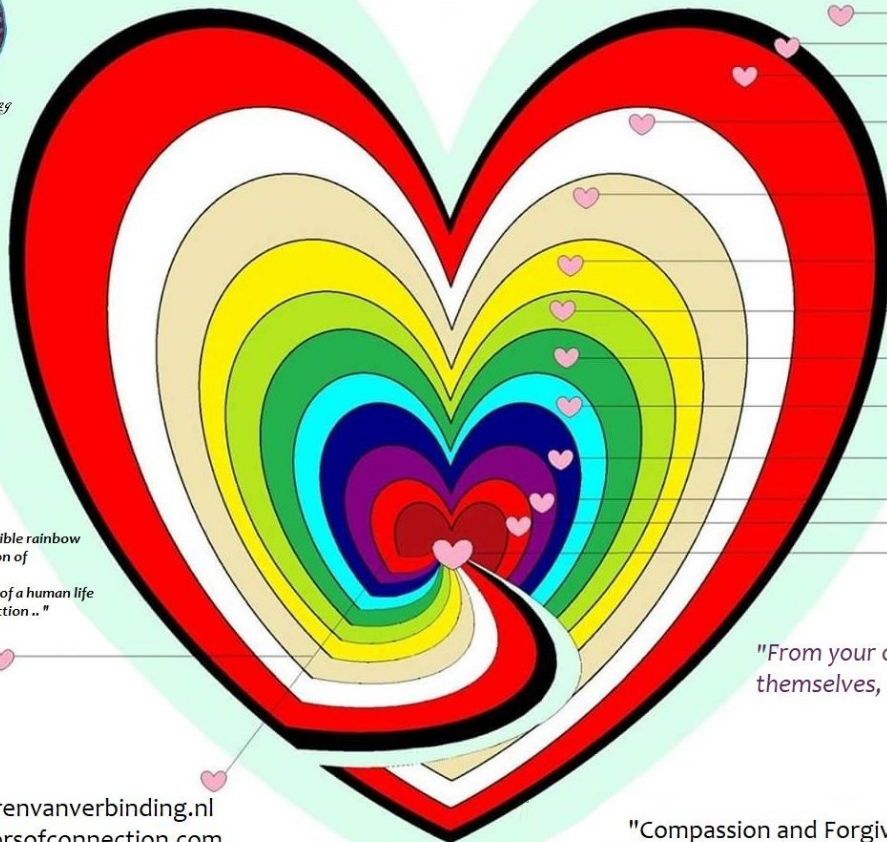
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Good luck!



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"The visible and invisible rainbow colors reflect the union of everything there is, Of influence and part of a human life in unrelenting connection .."

-  The Universe, Source, G'D, The Great Spirit, Allah, The Onest, Light, Eternal.
-  Dark matter, black holes, darkness, the coldness
-  Compassion of life, heat, fire
-  Light matter, Dimensions, Enlightenment, Gas
-  Sun, Daylight (source of life)
-  Angels / Energy (from the light of the Source)
-  The Earth (power source of life on earth)
-  Trees and plants (circulating required oxygen)
-  Water (source of life)
-  Moon, Night, Universe (healal)
-  Animals (consciously)
-  Spirits (invisible Body and Soul) (self-awareness and conscience)
-  Human Being (Body and Soul) (self-awareness and conscience)

"From your core strength in your heart, every person is able to heal themselves, and from there also help their environment in this process."

www.dekleurenvanverbinding.nl
www.thecolorsofconnection.com

"Compassion and Forgiveness, Learning, Growing, Living through and Passing On.."

At last:

1

De Aarde



The Colors of Connection

Back to the rainbow card ..

Everything influences a person ..

Man is connected to everything,

*From an unconscious state, people cannot do anything about the things that happen,
but a world opens up from self-awareness and from conscious choices
in which we do have influence on everything from within the Soul!*

End!

Roadmap:

Step 1 Read the preface.

Step 2 Decide what you want to know about yourself, If you do this on your own, you can carefully read through the text next to it. You make the method at your own pace.

And you can use it for insight into your whole being, for insight into 1 issue, as insight into social problems that have arisen.

If you are already very aware then take a neighbor along with you in filling in your core qualities, someone from whom you can assume that he knows you and also sees qualities that you have not yet embraced.

Step 3 Start by becoming aware of everything there is through the rainbow map, these are properties that you have no influence on: you cannot determine when the sun rises or sets, and you have no remote control of the rain around this to serve.

Just as you do not have this in this sense on the nature that exists, so are the factors in materialistic society, all about money and time.

In order to be yourself, you must first become aware of the issues that you have and cannot influence and from which this influence comes.

And if you have no influence on something, how you can deal with it for self-preservation.

Step 4 Take a good look at the 3 layer plate, You can see the current state of your well-being here. We will go through that step by step, starting with your core, then the influences and factors that play a role in how you have developed, and then arriving at your current state: peel / bark / wall or your current well-being, with the impediments.

Step 5 start by entering your core properties.

Hang it up, it is of all times important that this step is taken very seriously, because we are going to reactivate your core empowerment here. So hang up the plate, go find out elements that help you to remember these energies and to continue to embrace and receive and radiate from there.

Your core properties are channels of who you are. By activating them and embracing them positively, you make them fully open to yourself.

Step 6 Then the influences and factors that play a role in how you have developed, or how the issue you want to gain insight into has developed.

Step 7 We will describe your current state here, and when standing still, a situation that you will be able to get out of through the core empowerment that we activated in step 5: peel / bark / wall or your current well-being, with the impediments.

It is important that you continue the method at your own pace, at a fixed moment this is handy. daily or weekly.

are you closed please take 3 steps of about an hour for this per step, and if you are open you can get a good feel for yourself then take a moment of 1 hour before. This is an indication. more or less is all good. it is about the overview and insight that is put down from you, gets the time and attention that is needed to embrace it, and to be able to cope with your own core strength.

Step 8 | Divide the issues to get an overview from the insight that you cannot do anything about it, but you can still solve it or better deal with your core strength. To do this, consider your core forces again, and start trusting yourself to tackle the issues that you think you can solve. The energy and satisfaction that you get from this is enough to handle everything, including the things you thought you were powerless in.

Share your experiences and be very welcome at:



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Universal method to get back to who you are, and from there rebuild yourself from the core forces of your own empowerment / self-awareness.

Other links:

The road to a healthier lifestyle:

www.dekleurenvanverbinding.nl/artikelen-zelfbewustzijn/earn-your-health-schema

Insight into the single mindset and the multimind.

<https://www.dekleurenvanverbinding.nl/artikelen-zelfbewustzijn/single-mindset-and-multiple-mindsets>

Belangrijke artikelen die gedeeld willen worden:

Inzicht in bewustzijn en Mindsets.



The colors of connection draws inspiration from the rainbow .. just like the colors said .. together as 1 .. together we can create a rainbow of power!

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